



The Heritage

Heritage Chapter Bluebills
Boeing Retiree Volunteer Newsletter

January 2018

WWW.BLUEBILLS.ORG

VOLUME 24 ISSUE 1

Chairman's Corner

By Jim Orchekowsky



Happy New Year, everyone!! I had a wonderful year being your Chairman. Thank you for all of your support. I'm passing the torch on to another great Bluebill, Richard Vaughn. Give him and the new Vice Chairmen – Bill Baker, Jim Ewing and Oscar Olague – the same great support.

Keep up your generous donations to the Food Banks—food items and cash. Very important.

Report all of your volunteer hours. Your service is so appreciated and we need to show Boeing how much we are helping in our communities.

Keep getting the word out to other retirees to join us for the good of everybody.

Heritage Chapter still has three openings for the following positions:

Retiree Assistant

Volunteer Coordinator

Education

Step up to keep this Bluebills Chapter a significant community of volunteers.

And in conclusion, a charming story by James F. Day of West Virginia. “My son was born while I was serving abroad, so he was three before we met. When I got home, I decided it was time for a little father/son bonding time. I bought him a toy razor and invited him to “shave” with me. In the bathroom, I took up my razor and started shaving. I looked around to see how my son was doing. His foot was up on the side of the bathtub and he was running the razor up and down his leg. So much for male bonding.”

Chairman's Corner

By Richard Vaughn



As your new chairman for 2018 I am looking forward to working with all of the members to give our organization new life. That will not happen without your help. An organization is only as strong as its' members so I am looking forward to working with all of you to build a bigger and better chapter. As I said, it will not happen if I do not have your support.

*Happy
New Year*

Here is to a great challenge for 2018!

Busy B's



by Janice Hawes

The busy B's kept pretty busy this year. The following shows the results.

Year end totals. 1231 items collected or made. This includes stuffed animals, toys and crocheted items for the 5 food banks.

This year each food bank got a total of 501 items. The places we gave quilts, afghans, medical dolls and baby hats to this year included Seattle Children's Hospital, Child Haven-Auburn, Quota International, Pediatric Interim Clinic in Kent, the Washington State Soldiers Home in Orting, Valley Medical Center neonatal unit,, Renton Rehabilitation and the American Red Cross.

After Lisa Nyreen, Lana Mitsules and I sorted and bagged up all the stuffed animals and toys we collected all year, the "Elves"s that delivered them to the food banks were Lana Mitsules, Norma and Richard Vaughn, Jim Lee, Sibyl Fletcher and Meri England. Thank you everyone for all the help.

A special thank you to Jean Derheim who is unable to come to the Busy B room to work but still continues to put quilt squares together and to make baby hats. Lisa picks up the finished items and brings them in.

Bambi has been under the weather for a bit and we wish her a speedy recovery. Joyce Hassler is doing a little better and we hope she'll be able to come work with us again "next year".

I'd like to share something with you about me. I was diagnosed with Parkinson's Disease earlier this year and in October I joined a program called Rock Steady Boxing. Research has found that boxing and the foot work that goes with it has greatly helped people with Parkinson's. It is not a cure but helps with balance and coordination. If anyone would like to know more, there are some good videos on You tube that show what it's about. So, I have boxing gloves (small ones) and am learning to box. I tell my kids "don't mess with me"!!

At the December potluck we had the drawing for the Christmas quilt (we sold \$103) and I'm happy to an-

nounce that Tom Moberg had the winning ticket. Thank you Tom for all that you have done for the Bluebills. And, thank you everyone for the support the Busy B's receive from all of you.



Well, the Busy B's will be back at work the 3rd week of January. In the meantime, Happy New Year to all.

USO Happenings

By Lonnie Stevenson

Dateline Saturday December 09, 2017:

Time: Oh-dark-thirty:

Event: Snowball Express:

Location: SeaTac International Airport

American Airlines, transports families of the fallen . . . (i.e. Gold Star moms/dads and kids) to a magical place some where in Dallas, TX where they can bond, play, renew old acquaintances not forgot, and in general be uplifted for a few days from the sorrow of a loved one no longer present.

USO support includes meet and greet, escort to the gate, Santa, elves, candy, gifts, many hugs, some tears, whatever it takes . . .And then they board the aircraft . . .which has been turned into total Santa land . . .

Credit to the Covington Quilt Guild: they started a tradition last year making a quilt for every kid on the flight.

This year, a quilt was made for each kid who was a first timer on this flight.



Credit: to those ,who at the Five Star Gala live auction, bid to be ‘Santa’s Helper at Snowball Express’ .



Leingang.

It is an honor to be a part of this venue.

God Bless our United States Military, and God Bless the United States of America.

December Chapter Meeting Recap

By Mary Ulibarri



Chairman Jim Orchekowsky led the members in the Pledge of Allegiance. A warm welcome was expressed to Janice Hawes’ daughter, Sara, who was visiting from Oregon. There were two

December birthdays: Helen Lowe and Millard Battles. And my apologies for two November birthdays that were missed: Jim Orchekowsky and Judy Leyden. Congratulations to Bob and Melinda Stubbs on their 46th anniversary.

Oscar Olague again recognized the Busy Bs for all their good works throughout the year. He delivered seven quilts, 40 hats and 20 medical dolls to Children’s Hospital. He also thanked Bill and Karen Baker, Mary Ulibarri and Dessie Olague for their efforts in providing candy/toy Christmas bags to the children. The hopes are that these, plus the Easter bags, will continue next year.

Eleanor Skinner thanked everyone for their donations (cash and food items) to the Food Banks each month and special gratitude to all of the folks who make time



**They are the ELVES in the pics.
Santa is our awesome USONW director, Don**



to delivery the items.

Richard Vaughn thanked this past year’s Heritage Chapter officers for their service and announced the new leadership: himself as Chairman and Vice Chairmen Bill Baker (not pictured), Oscar Olague, and Jim Ewing.



happiness, good health and friendship in the New Year. At which time the attendees lined up to enjoy the food and especially the time to spend with each other.



The Thorn among the Roses

Speaker for January Chapter Meeting

By Jim Beasley

Kimiko Domoto-Reilly, MD



- Assistant Professor, UW Department of Neurology, Neurologist/ Faculty, UW Integrated Brain Imaging Center
- ADRC Outreach, Recruitment, & Education Core Principal Investigator/ Clinical Core

Co-Investigator

- Lead Researcher, AVID Autopsy Study, IDEAS Trial

Memory & Brain Wellness Clinic: The memory clinic is part of the UW Medicine Neurosciences Institute. Based at Harborview Medical Center, Their multidisciplinary team provides expert diagnosis, treatment and ongoing care for individuals experiencing changes in memory and thinking. They help patients discover new ways to use their strengths to promote brain health and overall well-being.



Janice Hawes thanked everyone who bought raffle tickets for the lovely Christmas themed crazy quilt made by Joyce Hassler. The money collected will provide more supplies for the Busy Bs to continued their wonderful work. And..... the lucky winner was..... wait for it.... Tom Moberg. Congratulations!

Jim then held the door prize drawing. Lots of gifts provided by member donations throughout the year, plus a number of last minute gifts courtesy Oscar and Dessie Olague. Thanks to all.

Jim thanked the members for the wonderful potluck dishes that were brought and adjourned the meeting wishing everyone a very Merry Christmas and much

The 7th Annual Seattle Stand

Down *By Doug Hoople*



On December 14th and 15th the 7th Annual Seattle Stand Down for Veterans was hosted at the Georgetown Campus of South Seattle College.

This campus is located just north of the Boeing Aircraft Delivery Center on East Marginal Way S at Corson Avenue.

The Seattle Stand Down organizing committee is committed to assisting Military Veterans and their families in every aspect of their transition from military to civilian life whether they just became a Veteran or have been one for a long time.

The Seattle Stand Down at South Seattle College provides a place where Veterans can have a "One Stop" access to various community and Veteran Affairs (Federal, State and County) social services, focusing primarily on those Veterans and families that are either homeless or at-risk of becoming homeless. Many of these agencies are funded by the King County Veterans and Human Service Levy that was recently reapproved by local voters. This Levy is providing vital services that aren't available through Federal and State Veteran Affairs agencies to our at-risk Veterans.

I had the opportunity to volunteer at the two-day event. Volunteers are also usually needed on the day before to help set up the various service support areas in 3-4 different buildings. I have been volunteering at all the stand downs over the years. For the past several years I've been volunteering at the registration area, since I'm a Veteran and can help direct the attendees with advice on services and agencies to visit.

Agencies providing housing, educational and training services, medical and mental health support, Veteran Affairs and other personal services

are in one building. Medical health screening, dental health, haircuts, counseling and foot health are handled in a building set aside for medical help.

If you are homeless in Seattle's wet climate, the importance and need for foot health screening, treatment and care can't be understated.

Seattle Metro and Sound Transit provide free bus rides to and from the Stand Down. On Thursday morning there is a continental breakfast and a hot lunch. On Friday there is a hot breakfast and a sack lunch.

A gear room is available in an additional building. Here the participants can pick up winter clothing, gloves, socks, boots, sleeping bags, etc. to make their life on the streets a little bit easier.

This year over 500 Veterans and family members were assisted with needed services. The male demographics for last year was: 84% have an Honorable Discharge, 65% served during or after the Vietnam Era, the average age group is 51-60 years, 83% are currently unemployed and 56% reported being under 30% of the King County medium income. The female demographics for last year was: 97% have an Honorable Discharge, 50% served during the Persian Gulf War era, the average age group is 35-45 years, 26% are a single parent household and 82% are currently unemployed.

If you'd like to volunteer for this annual event which supports our at-risk Veterans who are experiencing housing instability, visit their web site seattlestanddown.com or see me next November when volunteer signups begin.

**Happy
New Year!**

Calendar of Events 2018

<i>Jan 11</i>	<i>Heritage Leadership Meeting</i>
<i>Jan 26</i>	<i>Chapter Monthly Meeting</i>
<i>Feb 15</i>	<i>Heritage Leadership Meeting</i>
<i>Feb 23</i>	<i>Chapter Monthly Meeting</i>
<i>Mar 15</i>	<i>Heritage Leadership Meeting</i>
<i>Mar 30</i>	<i>Chapter Monthly Meeting</i>
<i>Apr 12</i>	<i>Heritage Leadership Meeting</i>
<i>Apr 27</i>	<i>Chapter Monthly Meeting (Potluck)</i>
<i>May 10</i>	<i>Heritage Leadership Meeting</i>
<i>May 25</i>	<i>Chapter Monthly Meeting</i>
<i>Jun 14</i>	<i>Heritage Leadership Meeting</i>
<i>Jun 29</i>	<i>Chapter Monthly Meeting</i>
<i>Jul 12</i>	<i>Heritage Leadership Meeting</i>
<i>Jul 27</i>	<i>Chapter Monthly Meeting</i>
<i>Aug 16</i>	<i>Heritage Leadership Meeting</i>
<i>Aug (TBD)</i>	<i>Heritage Chapter Picnic</i>
<i>Sep 13</i>	<i>Heritage Leadership Meeting</i>
<i>Sept 28</i>	<i>Chapter Monthly Meeting</i>
<i>Oct 11</i>	<i>Heritage Leadership Meeting</i>
<i>Oct 26</i>	<i>Chapter Monthly Meeting</i>
<i>Oct/Nov (TBD)</i>	<i>Chapter Honors Luncheon</i>
<i>Nov 15</i>	<i>Heritage Leadership Meeting</i>
<i>Nov 30</i>	<i>Chapter Monthly Meeting</i>
<i>Dec 13</i>	<i>Heritage Leadership Meeting</i>
<i>Dec 21</i>	<i>Chapter Monthly Meeting (Potluck)</i>

Food Bank Schedule For 2018

Cash donations collected at each monthly meeting to be given to a different food bank each month.

January	Highline	Marian Herrin
February	Bellevue	Doug Hoople
March	Federal Way	Jim & Bambi Lee
April	Maple Valley	Vaughn's
May	Kent	Bob Stubbs
June	Auburn	Martha Battles
July	West Seattle	Marian Herrin
August	Tacoma	Ted & Judy Leyden
September	Renton	Eleanor Skinner
October	White Center	Heinz Gehlhaar
November	Issaquah	Eleanor Skinner
December	Des Moines	Jim Orhekowsky

Bluebills - Heritage Chapter

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Bluebills Heritage Chapter Meeting

January 26, 2018

10:00 AM Social—10:30 AM to 12:00 Noon Meeting

Speaker: Dr. Domoto-Reilly, MD, Assistant Professor, UW Department of Neurology, Neurologist/ Faculty, UW Integrated Brain Imaging Center

Subject: Accomplishments and future research on Alzheimer's

Bring a non-perishable food item to monthly meetings to be given to a different food bank each month

Please Note:

The Bluebills monthly meetings are held at the VFW Post 1263, 416 Burnett Ave South, Renton, WA. Parking is available in the lot immediately across the street from the VFW.

Bluebills Monthly Volunteer Hours

Volunteer Name _____

Phone Number _____

_____ **Hours worked** _____ **For** _____
(month/year) (agency name)

_____ **Hours worked** _____ **For** _____
(month/year) (agency name)

_____ **Hours worked** _____ **For** _____
(month/year) (agency name)

Please send completed hours form to Bluebills, PO Box 3707 2T-04, Seattle, WA 98124
Email to bluebills@boeing.com or bring to Bluebills monthly meeting

Bluebills Heritage Chapter Meeting Directions

From the **north** take 405 S
 Bronson Way. Keep right
 and continue on S 2nd St. to
 Williams Ave S. Turn left
 onto Williams Ave S and turn
 right onto 5th St. Go one
 block and turn right onto
 Burnett Ave S to VFW.
 From the **south** go north on
 Highway 405 to Exit 2 Hwy
 167 Rainier Ave S. Go
 north to S Grady Way. Turn
 right on S Grady Way to
 Talbot Rd (3rd light) turn
 left on Talbot Rd. One block
 turn right on 7th St and then
 left on Burnett Ave S. Con-
 tinue three blocks to VFW.

